



# POST-ABORTION/POST-MISCARRIAGE *Survey*

Post abortion and miscarriage trauma is the spiritual and emotional distress caused by prenatal loss. The symptoms vary widely, as does the intensity. Oftentimes the behaviors and thinking patterns seem totally unrelated to the loss. However the wound is real, often buried deep, often unrecognizable, but it is there. It is a silent, secret cancer eating away abundant life and peace. Are you experiencing any of the symptoms listed below? If you check two (2) or more boxes, you are a candidate for Rich in Mercy. Call us. We can help.

## S Y M P T O M S

- Depression, isolation
- Suicidal thoughts
- Drug & alcohol addiction
- Emotional numbness
- Anxiety, fearfulness or panic
- Anger, rage
- Shame, poor self-image
- Eating disorders
- Nightmares, flashbacks
- Avoidance of any reminders of the abortion/-miscarriage, or babies, or pregnant women
- Annual mood swings around anniversary of abortion/miscarriage or babies due date
- Fear of pregnancy

## S Y M P T O M S

- Atonement baby: pregnancy to replace aborted/-miscarried child
- Unhealthy, unstable relationships
- Sexual promiscuity, sexual addiction, sexual disorders
- Co-dependency
- Problems bonding with opposite sex and/or children
- Over protectiveness of children
- Excessive shopping, workaholism, churchaholism, etc.
- Perfectionism: perfect parent, perfect spouse, etc.
- Driven: always busy, overwhelmed and over committed
- Pro-life work
- Pro-choice work

Everlasting Light Ministries  
PO Box 146  
Albertville, MN 55301  
Office: 763-560-8383  
[revniecey@comcast.net](mailto:revniecey@comcast.net)

*But God, being rich in mercy, because of his great love made us alive together with Christ...*

*EPHESIANS 2:4-7*